1D mixed layer heat budget:

$$\rho_0 C_p \left[\frac{\partial \Theta}{\partial t} + \mathbf{u} \cdot \nabla_{xy} \Theta + w \frac{\partial \Theta}{\partial z} \right] = \frac{\partial Q_{\text{net}}}{\partial z}$$
(2)

where Θ = conservative temperature (TEOS-10)

integrate over the temporally varying mixed layer depth h(t)

$$\frac{\partial \Theta}{\partial t} \approx \mathcal{F}_{\text{Atmos.}} + \mathcal{F}_{\text{Eddies}} - \lambda \overline{\Theta}$$
(3)

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where: $\overline{\Theta} = \int_{h(t)}^{0} \Theta dz$

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$$\frac{\partial \Theta}{\partial t} \approx \mathcal{F}_{\text{Atmos.}} + \mathcal{F}_{\text{Eddies}} - \lambda \overline{\Theta}$$

 $\mathcal{F}_{Atmos.} = Surf.$ Heat Flux + Ekman Advection + Ekman Pumping $\mathcal{F}_{Eddies} = Geostrophic Advection + Entrainment at MLD Base$ $\lambda = damping parameter (inverse decay timescale)$

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Standard Deviation of the (top): SST; (middle); Eddy Forcing; and (bottom): Atmospheric Forcing.





Autocorrelation structure of the individual terms in the MLD heat budget.

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Stochastic Model of the SST variation

In spectral space, MLD heat budget becomes:

$$(\omega^{2} + \lambda^{2}) P_{\Theta\Theta} = P_{F_{\text{atmos}}F_{\text{atmos}}} + P_{F_{\text{eddy}}F_{\text{eddy}}} - P_{F_{\text{atmos}}F_{\text{eddy}}} - P_{F_{\text{eddy}}F_{\text{atmos}}}$$
(4)

where $P_x y$ = is the power spectrum of the x and y (so we include cross terms)





Power Spectrum of the stochastic model of SST variation



Conclusions

- Robust signature of variability on long (2-5 years) in the subsurface Indian ocean;
- Teleconnection between eastern and western sides of the basin;
- Feature has a substantial surface expression and influence on SSTs on long time scales;

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• Intrinsic mode: shows some predectability.

Supplementary: Influence on the Upper Ocean near Madagascar



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Top: SST; Middle: Temperature depth/time profile; Bottom: v_q depth/time profile

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Supplementary: Influence on the Upper Ocean near Madagascar



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Lagged autocorrelation function at lags between 1 month and 10 years

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Supplementary: Physical Mechanism of Teleconnection



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Complex EOF time series Black: real component; red: imaginary part

Supplementary: Influence on the Upper Ocean



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Complex (Hilbert) EOFs of SST Colors: real part; contours: imaginary part

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Supplementary: Influence on the Upper Ocean



Hovmöller (longitude/time) plots of SST along the northern (left) and southern (right) waveguides



Thank You

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